

MARCH

2024

COUNTRY ROADS COURIER



Editor: Myrna Mattson

www.countryroadsyuma.com

General Manager Vanessa Harris



Homeowner's Annual Meeting (AGM 'Annual General Meeting')

Join friends and neighbors to celebrate Country Roads! Our home is once again, Yuma's #1 RV Park.



We'll get updates on this past year, plans for future, election and WIFA vote results. The AGM is for Homeowners only.

Wear your name tag to assure admission to the ballroom.

March 12, 2024

Tuesday

CR Ballroom

9 AM Vote in Person

10 AM Meeting

Burger Bash to follow on the Patio.

Pat Tuckwell

President

CRRVV



My eyes are fine; they are just printing words small.

I just use a walking stick to seem stately and tall.

Nothing is wrong with my sense of smell.

My ears are fine if you don't whisper but yell.

The wrinkles are just laugh lines; they will go away.

It is fashion that has turned my hair from black to grey.

It's the cold, not age that is stiffening my knees.

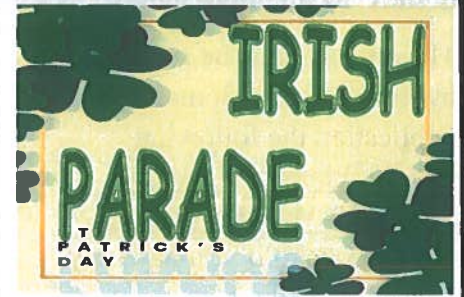
I like to hum as I walk; it's not a wheeze.

What extra kilos? My scale is broken down.

If I try, I can still fit into my wedding gown.

My bones don't creak; my shoes are new.

My memory is sharp. Oh, do I know you?



March Parade – Leprechauns & Bunnies Unite on Saturday, March 16!

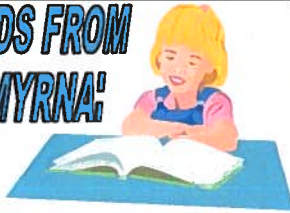
Because St. Paddy's Day and Easter are only two weeks apart this year, we are combining two parades into one! You choose to decorate your cart, bike, convertible, or self (!) for either Easter or St. Patrick's Day, OR BOTH! We should have some VERY interesting entries! Line up on Good Time Blvd. (east side of ballroom) at 3:30p.m. Parade starts at 4:00p.m.

After the parade, join us in the ballroom for some St. Paddy's Day shenanigans as we dance to the Rock of Ages band from 7:00 – 10:00p.m. (Tickets are normal Saturday night price) Come decorate your table for a chance at a great prize and of course, we will have a few favorite games, including "Musical Shamrocks", "Dump the Spud", and "Dance with Matilda"! Don't miss all the fun!





WISE WORDS FROM EDITOR MYRNA!



Please send your articles to:

denmyrn41@gmail.com

The articles must be submitted by the 10th of each month for publication the following month. **Please forward in Microsoft Word if possible.**

Give me a call if you have any questions. Thanks,
Myrna Mattson #679

360.298.2567

The purpose of the Country Roads RV Village Newsletter is to connect and inform our Residents of current events and announcements.

We appreciate your submissions and are looking for articles and content that align with this mission.

Structure:

Font Times New Roman

Font Size 12

Font Color black only

Word limit 150

Include Name, Lot number and contact information in case of questions

Article will not repeat monthly, monthly resubmission is required

News and Announcements must be current with month of publication (Example: Articles submitted in January are for February's publication.



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marthadurand123@gmail.com

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jimlafrenaye@yahoo.com

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yumamikecr@gmail.com



COUNTRY ROADS RV PARK

5707 East 32nd Street #1127

Yuma, AZ 85365

Phone: 928.344.8910

Fax: 928.344.0080

Manager

Vanessa Harris

Activities Director

Carrie Matus

Website:

www.countryroadsyuma.com

Spectrum: 1-833.697.7328

OUR CLUBS AND ORGANIZATIONS

- Billiards
- B.I.N.G.O
- Book Club.
- Bridge
- Bunco
- Can/Am Friendship
- Catholic Fellowship
- Ceramics
- Choral/Drama
- Church Choir
- Clogging
- Computers
- Cornhole
- Country Red Roses Red Hatters
- Craft Fair
- Creative Writers
- Dance
- Diabetes Support
- Fitness Club
- Four Wheelers
- Guys and Gals Golf
- Hand Appliqué Sew & Stitch
- Health
- Horse Shoe
- Knit n' Stitch
- Lapidary/Rock Hunting
- Line Dancing
- Mahjonn
- Material Girls
- Men's Fellowship
- Painting
- Pickleball
- Pinochle
- Pinochle (2 Deck/7 Card)
- Poker: Dealers Choice/Hold'em
- Pottery
- Quilting
- Relay for Life
- Scrap Book
- Sewing
- Singles Social
- Shuffleboard
- Swimming Aerobics
- Tennis
- T.O.P.S.
- Water Aerobics
- Veteran's Club
- Volleyball: Water/Sand
- Whole Food Plant-Based Group
- Women's Fellowship
- Woodcarving
- Woodshop
- Zumba Gold



LIST OF ALL THE COUNTRY ROADS RV VILLAGE FACEBOOK GROUPS

This is their complete and exact group name on Facebook. Contact Andre at adgrenier@msn.com if any groups are missing. If you wish to join any of these groups, under "groups" do a search for that group name using these exact words. When a list comes up, make sure you choose "groups" on the left side of the page. The group should come up.

- COUNTRY ROADS RV VILLAGE BUY/SELL/TRADE/ISO
- COUNTRY ROADS RV VILLAGE REAL ESTATE (SELL AND RENT)
- COUNTRY ROADS YUMA HOME OWNERS
- COUNTRY ROADS RV VILLAGE GROUP YUMA
- CR RV VILLAGE YUMA HIKING NEWS
- COUNTRY ROADS PICKLEBALL CLUB GROUP
- COUNTRY ROADS MEMBERS ADVENTURES
- COUNTRY ROADS VETERANS CLUB
- COUNTRY ROADS GUYS & GALS GOLF CLUB
- CR KNIT AND STITCH
- COUNTRY ROADS TENNIS CLUB
- COUNTRY ROADS POTTERY PALS
- COUNTRY ROADS QUILT CLUB
- CR LAPIDARY
- COUNTRY ROADS PRAYER WARRIORS
- COUNTRY ROADS RANTS AND RAVES
- COUNTRY ROADS TOPS AZ 0380 YUMA
- COUNTRY ROADS POKER CLUB
- COUNTRY ROADS SHUFFLEBOARD CLUB
- BUY NOTHING COUNTRY ROADS RV VILLAGE
- COUNTRY ROADS SATURDAY MORNING BREAKFAST
- C R CRUISING CLUB
- COUNTRY ROADS BUSINESS REFERRALS
- CR CHURCH
- CR WORKSHOP CLUB
- PHOTOGRAPHY CR
- CR BIRTHDAY BRIDGE
- COUNTRY ROADS SINGLES CLUB
- COUNTRY ROADS RV VILLAGE VOLLEYBALL CLUB
- COUNTRY ROADS UTV
- CARRIE COUNTRY ROADS (PRIVATE FACEBOOK PAGE)
- COUNTRY ROADS RV VILLAGE (NOT A GROUP PAGE)

Ladies Out-to-Lunch Bunch
March Luncheon

Sign up in Activities Office by 12:00 pm Monday, March 11

Date: **Tuesday March 12, 2024**

Time: **12:00 PM**

Place: **Yuma Landing Bar and Grill**
195 S 4th Ave.
Yuma, AZ 85364

Organizer: **Smidty Schripsema** – (650) 619-6423 (call or text) smidty_111@msn.com – Lot 877 (Going Nowhere)

If you can give a ride or need a ride, check appropriate box when you sign up, then meet at the flagpole at 11:30 am prior to the luncheon

Don't forget to bring your optional white elephant gifts!



Tai Chi Chuan (Classical Yang Style) and Qigong

Please join us for Tai Chi and Qigong every Monday from 10:00 – 11:00 in the Mojave Room. On the 1st Monday of each month, we will be on the East (Covered) Patio. Tai Chi is an internal Martial Art. It helps to improve strength, flexibility and balance. It improves cardiovascular fitness, lowers blood pressure and helps with the pain of arthritis. The deliberate movements help us feel more relaxed, grounded and present in our bodies. Tai Chi lowers anxiety, depression and stress while improving memory, focus and sleep.

Qigong uses exercises to optimize energy within the body, mind, and spirit.

Madelyn Read, who is nationally certified in Tai Chi Chuan – Yang Style, is the instructor. All you need to bring to class is curiosity.



Every Wednesday
Bunco
Got Dice?



come play with me

Where: **Aztec room**
When: **Every Wednesday 10-12 AM**
How much: **\$2 ante**

Smidty Schripsema
(650) 619-6423 - smidty_111@msn.com - Lot 877

Wellness Clinic
OPEN FRIDAYS --- 9am to 12 noon --- INCA ROOM
Blood Pressure Checks - Blood Sugar



BUILDING FUND

This has been an exciting season for your Building Fund. We have sponsored Spaghetti dinners, Saturday morning breakfasts, Wing it, and the Carnival. All the profits from these events go into the Building Fund account for disbursement to clubs that make requests. Without all of your support, eating and dancing the nights away, we would not have been able to donate to the Cornhole Club, the Paper Crafting Club, the Woodshop and the Fitness Club. All these activities are open to ALL residents of CR.

A special thanks to the Drama and Choral Club. At the Feb HOA meeting, both clubs they presented checks to the BF. Choral and Drama had a drawing for Christmas baskets and donated the profits to the BF. The Pickleball club worked diligently through rain and wind to mark the street numbers on 412 lots. WOW!

We will have an election on March 4th for the executive leadership of the BF. All residents are invited to attend our meetings to find out where your money is spent. And all residents present are able to vote for the new board.

Hard to believe the 2023-2024 season is winding down. Enjoy life and enjoy CR.

Valeri Shoemaker
President CR Building Fund



It's March and our season is winding down. So far this season the players from CR have played almost 2500 rounds of golf. That is amazing!! We added a new course to our list, Butterfield in Welton. It's a Par 3, 18 holes, walkable for a lot of us and affordable. We play there every other Saturday.

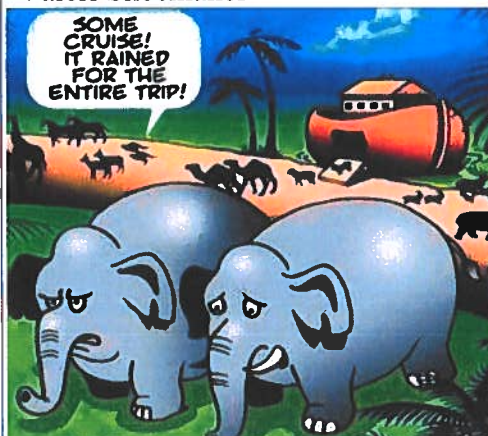
Congratulations to The Canadian golfers in our club, as after a very lonnnngggg dry spell, they finally won our CAN/AM tournament. The USA players will be serving them lunch next February.

February also brought our annual club trip to Parker to play Emerald Canyon Golf Course. About 40 golfers participated this year and a good time was had by all.

Our wind-up banquet will be March 10th. If you are a season member, your ticket is covered. More info is available at our weekly, Monday morning, 8 AM meeting.

We will continue to have organized play if the coordinators are willing to work the schedule. Now that you have met new friends on the golf course, please feel free to contact them and continue playing. Think Par...appreciate boogies and have fun playing GOLF!

Valeri Shoemaker



FROM THE POOL ROOM

Senior Games Doubles Champions for age 70's bracket were Giles Lansfield and Gordon Hughs. The 60's Doubles Champions were Cam McMillian and Wes Dycus. Mixed Doubles Champions were Terry and Tonya Moser.

We are continuing our Friday 12pm Blind Draw Doubles, the Wednesday 6pm Mixed Doubles Tournaments. We also have an active group of Ladies who play on Monday nights at 6pm. On Mondays and Tuesdays at 1pm we also have Interpark Travel Leagues. The January monthly tournament winners were, in 1st, Roy Wiebe, in 2nd, Bob McKeating, and in 3rd, Cam McMillian.

Remember, we are open 24/7 for your enjoyment. All we ask is that you respect our equipment, the other players, and obey the posted rules.

Respectfully yours,
Wes Dycus
Billiards Club President

KJ Sean & Esther present:

March Karaoke Dates!

6 pm Thursday March 15th
Disco Daze

6 pm Friday March 29
Full Moon Risin'

On the Patio



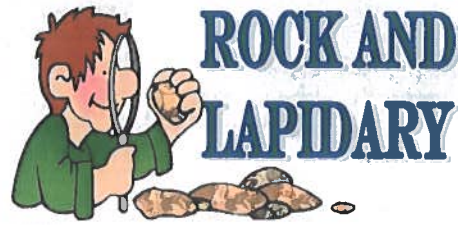
Whew!! Our show for the year is over and I think you'll agree it was a good time shared by all who attended. What talent we have in this community! As quickly as it is over we move on to the next season. Celebrating 40 years of Country Roads will certainly factor in as we prepare for February, 2025.

How about that Canadian American Friendship Day!! Desert Voices is always so proud to be included on the program. We hope you enjoyed the songs we presented.

As I turn over the gavel at the end of this season I want to take the opportunity to thank Peggy Scott, Nancy Kirkelie and Jo Nightingale for all of their hard work and dedication to CR Choral and Drama. They are truly the glue for this club!! All of us who are members of the club appreciate them so much! Of course, without the members there wouldn't be a club, so kudos to all who join our ranks each year! We learn and have a lot of fun together.

I encourage anyone with an interest/ability to sing or act to join us this fall as we begin a new and exciting season. We welcome new (and old) members and hope to see you Friday morning, November 1, at 10 AM in the Ballroom.

Sue Anderson, President,
406-698-6348 or
suander22@gmail.com
CR Choral and Drama



Come in for a visit, and have a look. 9am to 4 pm 3 days a week. Tuesday thru Thursday.

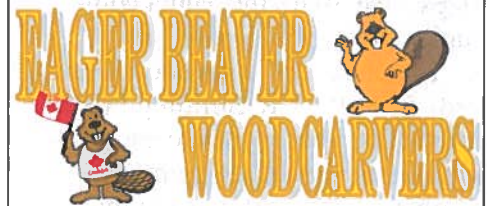
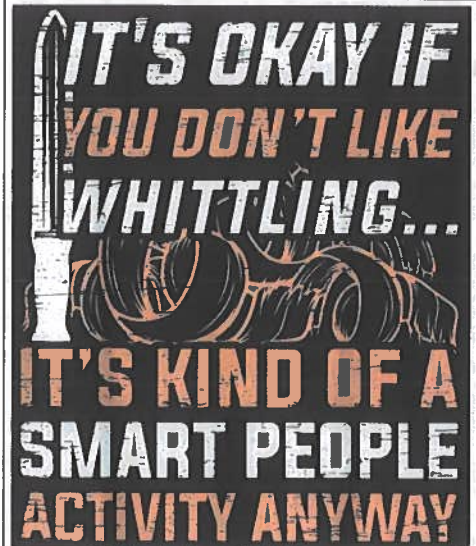
Call president Ray Brant (Lot 174) if questions (541)409-2166



The next Country Roads Veterans Club coffee meeting will be held on Thursday, March 7, 2024 at 0800 hours (8 am) in the Ballroom. Please bring your own first cup of coffee or beverage and a second cup of coffee will be provided. Light pastries will be served. All Canadian and US veterans are invited to attend. Subsequent meetings will be held on the first Thursday of the month through April 2024.

One of our guest speakers will be Joe Clifton who is a member of the Board of Directors. Joe has extensive experience on what makes Country Roads the best RV Resort in Yuma. A second speaker is being sought. You will find this to be an interesting informational meeting.

For further information please either email Bert Rice at bert07@comcast.net OR call (410) 507-3366. We look forward to seeing and visiting with you on Thursday, March 7, 2024.



March madness is upon us, as the end of our season comes to a close. It has been very interesting. We have gained some very enthusiastic carvers, one long time favorite had to move back to Canada and a couple of us turned to woodburning. I mentioned Jerry H. before. He excelled so well, I decided to try. I have carved 50 years but my body took away my ability. You can teach an old dog a new trick. So I, too, am now a woodburner and loving it. Life is full of surprises at any age. We had a great time seeing everyone at the Art Expo again this year. We hope you enjoyed our display. Our end of the year Eager Beaver Potluck will be in the Mohave Room Saturday, March 23rd at 5 PM with chicken and live entertainment.



Momma Beaver
Myrna Mattson
Lot 679



Line Dancing

We have two Line Dance Jamborees here at Country Roads each year, one in December and one in March. These are full evenings of line dancing, to great music, taught by 4 line dance teachers in Yuma. They feature all levels of dancing, refreshments, coffee, ice water, and prizes. We invite the Yuma community of line dancers to join us. Tickets are \$7 each and all proceeds go to the CR Building Fund. I would like this month to especially thank the Jamboree committee members, who work hard to make these very fun community events happen: Brenda Winter, Ann Brittain, Darlene Dorsey, Carm Maynard, Vicki Derksen, and Janie Irwin. You are the best!

By the time most of you read this, the Spring Jamboree will be over (March 1), but if you're thinking about joining line dancing, it's not too late. We have classes through the end of March, in the ballroom -

Thurs. 2:15 PM Baby Steps for absolute beginners
 Thurs. 3:00 PM Beginners
 Saturday 9:30 AM Line Dance 1
 Saturday 10:15 Line Dance 2

You are welcome to attend all classes that you'd like. Out of park cost is \$5 per day, and there is a tip jar if you are a Country Roads resident. If you're looking for a fun and healthy activity that will get your body moving and your brain thinking, why not come out and give line dancing a try? You'll discover there are a few more line dances besides Electric Slide -- thousands more!

JoAnn Opp
 503-312-1226



Whole Foods, Plant-Based Lifestyle

Yes, change is hard, but it IS possible! Especially if you are at a "teachable moment", perhaps the scale just won't budge, perhaps you've received a warning or bad news from a doctor, or perhaps you've experienced a recent event that you'd rather never repeat! Those teachable moments are times to stop and re-evaluate your lifestyle and consider change. Or perhaps you are a fortunate person who has arrived at your Senior years without one of the chronic diseases or health problems that plagues most Americans and Canadians, and you'd like to keep it that way.

Enter Whole Food, Plant-Based Lifestyle! This way of living, which includes maximum healthy nutrition to help your body heal and function at its best, moderate exercise, restorative sleep, stress relief, positive outlook and purpose in life -- all work together to improve your overall health, help you lose weight and increase your energy so you can enjoy every day. Each of us has a lot to live for, people we love, activities that bring us joy, and adventures ahead, but we lose out on all that if we short-circuit our precious health due to lifestyle habits that harm instead of heal.

That's where change comes in. Yes, it's hard work, but nothing worth getting was ever easy. At our age, we are not strangers to working hard toward a goal that is worthy, and our health is a very worthy goal!

Our group supports each other every month in traveling together toward better health, at our own pace and towards our own personal goals. It's easier when we do it together, so come to our March meeting on Tuesday the 5th in the Mojave Room at 10 AM and check it out! What do you have to lose?

Jerry and JoAnn Opp
 503-312-1226

MEN'S FELLOWSHIP

When a bunch of guys get together there is usually an abundance of buzz, energy, chemistry, laughing, good natured teasing, etc. The more that group has in common the greater that abundance. In Men's Fellowship at CR we have much in common. Common community, active life style, intentional and purposeful living, age range, faith, desire to expand the horizons of who we want to become, and have a good time together.

The group may not be for everyone, but it might be for you. You won't know unless you stop in and check it out. If you're coming, keep it up, be consistent. Only then will you get the most from the varied program, relationships, personal growth, and of course fun. We are starting our last month for the season, so come on down.

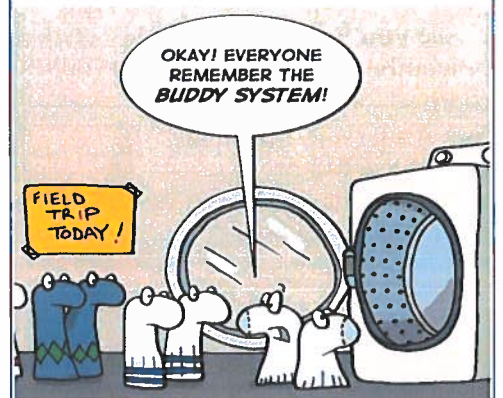
Those of you leaving at the end of March, I wish you a safe and happy summer. Many of us will be around during April as well.

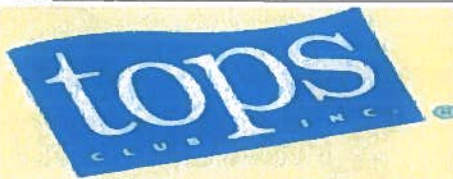
Men's Fellowship.....

Wednesdays—Come at 7:00 AM, start time 7:15 AM, done by 8:30 AM,—Aztec/Inca rooms.

Come for the coffee and donuts, stay for the fellowship,

Jerry Opp
 #1147





TAKE OFF POUNDS SENSIBLY

Our Country Roads TOPS Chapter had a great turnout at the TOPS area rally February 3 at the Yuma Elks. In fact, we won a certificate for the chapter with the largest attendance. We also won an award for the best table centerpiece decoration designed by Sally Patrick with the assistance of Sharon McNab and others.

Every year at the Rally a Chapter Angel is honored. Our 2023 Chapter Angel, Sharon McNab, was announced at the event and is very deserving. It was a secret vote and she didn't know until the announcement. Sharon has been a very active member both here in Country Roads and in Canada. She has presented many programs to our group and led us in chair exercises. She has traveled to various TOPS retreats and shared the information with our chapter. She is an inspiration to other TOPS members for her dedication towards weight loss.

On February 23, instead of a meeting, after we weighed in, we did a "Walk in the Park" at the West Wetlands Park with other area TOPS chapters.

So, you wonder, "What is TOPS?" It is an international weight loss organization for both men and women. Our Country Roads Chapter weighs in every Friday morning in the Mojave Room from 7:30 to 8:30 with the meetings at 9 a.m. (continued...)

Your first meeting is complimentary. We love new members and would encourage you to join us. For further information contact Diane Shelton, 360-319-6017.



LADIES BIBLE STUDY

Ladies Bible Study meets Monday morning at 10am in the chapel. All are invited to join us for our small group bible study. Wonderful way to meet other ladies in the park and pray for one another.

We are studying the book of Ephesians. The study book is, "Understanding your Blessings in Christ" by Elizabeth George. Come for hope, spiritual growth, fellowship and encouragement. We would love to have your presence as we gather to meet God through his Word. There are many Godly topics for us with encouragement to what we face in today's world. Susan will continue the bible study year-round for those of you staying longer or that live in the park. Please contact her with any questions.

For more information you can contact Jan 360-710-1552 or Susan 641-856-7705

WOMEN'S FELLOWSHIP

Women's Fellowship is Wednesday morning at 7:30am in the Mohave Room. We pray for each other and those we know. We sing and fellowship, and we have treats such as muffins, coffee or tea. We have weekly guest speakers or a testimony within the community. Our guest speakers for March will be Johnathan Herzog with the Salvation Army and Tammy Pal with Church for the City. Join us for a potluck breakfast Wednesday March 20th in the Ballroom combined with Men's fellowship, all are welcome to attend. Our meetings usually last an hour and are a great way to start your day.



Country Readers Book Club

Join us:
Third Monday Every Month
3:00 pm - Maricopa Room

	<p>March 18: <i>Ordinary Grace</i> A Novel William Kent Krueger</p> <p>April No Meeting Planned</p>
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*****Tennis Rib Dinner and Dance was another huge success, another sell out!!** A big thank you to all the tennis club volunteers; and especially the non-club helpers: Tracy and Jim and Lou and Fran, and of course our Emcee Dennis Miller! Also thank you to all that attended and were very generous with their ticket purchases!!

General Meeting –March 11th 3:30 in the Mojave Room.

TENNIS INSTRUCTION: Free Tennis Lessons and drills for all skill levels continue Wednesdays 10 to noon until the 20th!

INDIVIDUAL AND GROUP PLAY: We have fun in Round Robin Play, where all levels are invited every morning, Ladies only Round Robin, Men’s night, and two courts available for sign up!

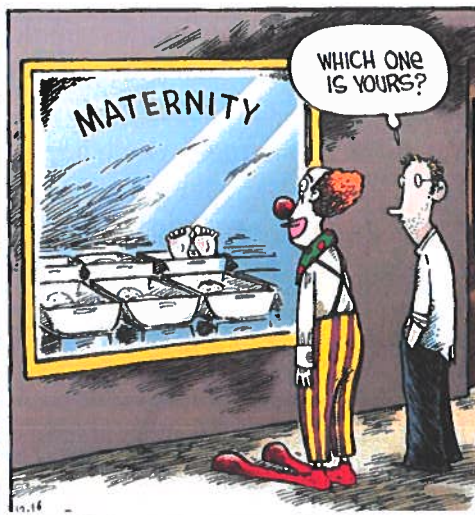
LOCAL TOURNAMENTS: We are having another Davis Cup in March, we choose teams from around the world, dress-up, and compete for those countries! Come watch the fun!

Nic Hawken Lot #685



February 2024 Material Girls is for people who love to sew and enjoy making a variety of items. This is a wonderful way to make new friends in the park. Meetings are held on Tuesdays in the Coronado Room at 9am with sewing time throughout the day. Cost is \$10. per season. This month we will be doing a community service project for Amberley’s Place. The ladies have saved mini toiletries from travel, to fill pouches we will be making to donate. If you would like to donate to this project, come by during the above hours. We have instructors for all our meeting projects, step by step with a supplies list provided prior to class. You must provide your own sewing machine. We will enjoy a luncheon together this month and introduce our new officers for the 2024/25 season.

You may call President Denise at 509-834-9542 for more information.



Country Roads Photography Club meets every Friday in the Aztec room 10-12pm. We use cameras and cell phones to learn and share ideas and skills. Taking pictures of still or moving subjects. Let’s learn from each other and have some fun doing it.

Facebook page “Photography CR” is our page to see what we’re working on in our Friday classes. Bill Muehl 608-770-7611 Lot 717

COUNTRY ROADS POKER CLUB

Poker is played in the Coronado Room six days a week. Regular dealer’s choice and limited Texas Hold’em games meet every Monday, Wednesday and Friday. The buy-in is \$11. They meet at 6 PM and play until 9 PM. Its important for anyone playing to sign up on the sheets provided inside the North door ahead of time so they know how many seats to have available. On Thursdays, Saturdays and Sundays there are Texas Hold’em Tournaments. They start at 1 PM on those days. The buy-in is \$20. You MUST sign up ahead of time for those tournaments in order to play. It costs \$10 to become a member which is good for the season. You must be living in Country Roads to be available. Jay Garrett, President Myrna Mattson, Scribe lot 679



COUNTRY ROADS COMMUNITY CHURCH

If you are looking for a place to celebrate your faith, we would love for you to join us at Country Roads Community Church! We meet every Sunday at 10:00 in the Ballroom. We welcome Christians from all denominations, as well as seekers. We'd love for you to experience the connection and belonging that comes with joining your CR friends and neighbors at church. Many of our members have found spiritual renewal, peace, and hope in our church community. We celebrate communion on the first Sunday of each month, and we have a potluck on the second Sunday of each month throughout the season.

Becky Tscherne, Church board secretary Lot 290 567-331-0257

beckytsch@gmail.com

Fostering Bridges Concert on the Patio

Songs of Faith & Hope
By Esther & Friends

Sunday, March 10, 2024
3-5 p.m.
(west patio)

You will hear songs such as:

Jesus, Take the Wheel
Wine Into Water
Gotta Serve Somebody
I Believe In You
Tears in Heaven
Pray for the Fish
Bible and a .44
Ghost Riders in the Sky

Wayfaring Strangers
I'll Carry You Home
Why Me, Lord
Coat of Many Colors
Lord, I Hope This Day is Good
And more...

ADMISSION FREE - TIPS go to FOSTERING BRIDGES,
a nonprofit working to bridge communities to their most
vulnerable children.



Be sure to read the last page of the this Courier for a taste of love from one of our writers on Valentines Day. Another time to enjoy the talents of the writers club is on Open Mic nights here in the park when you might hear any one of us get up and read prose or poetry just for the fun of it. There is that voice in each of you screaming to get out and be heard. If you didn't make it to our group this year, there is always next season. We will be in the Aztec Room every Thursday morning at 9:30 until 11:30 until the end of March.

Myrna Mattson Lot 679



Come out and join our fun-loving group every Tuesday and Saturday at 9:00. Very fun easy game to play. No pressure or mandatory to be there. Everyone gets to play. By the water station. Looking forward to meeting you.

AQUA ZUMBA

It's time to MARCH on down to the Main Complex Pool on Tuesdays & Wednesdays at 10:45 A.M. MARCH on down & join Darla Schofield, Licensed ZUMBA Fitness Instructor as she leads you in Aqua ZUMBA & Poolside ZUMBA.

ZUMBA is a fun & exhilarating way to exercise to music in or out of the water!

Cost is \$5 Bring drinking water & small hand weights (if you have them), all of your friends & lots of smiles!

Linda Kuhl (Lot #855)



INHALE~ EXHALE There, you just did Yoga! Breathing better is one of the best ways to positively affect your whole body. YOGA's #1 blessing is learning to breath better and strengthen our connection to our breath.

Beginners Welcome! (Mojave Room)

Gentle Yoga Tuesdays and Fridays 10:30AM \$5 Bring a mat or we have ones to borrow. We focus on movement and balance.

Both classes are about learning about your body and how to keep & strengthen to keep mobile (and quit hurting ourselves!) Who doesn't need this?

Chair yoga Wednesdays 10:30am \$5 This class is for those who find getting down on the floor difficult. You get all the benefits of a yoga practice. Come see?

Yoga REST and RESTORE Wednesday night 3/6 6:30-7:45PM (limit 10 people) \$20 Preregistration required

We turn on the sunset lights and lay down in completely supported poses. All props provided.

Learn how to calm the brain through quiet and letting go. Please Call instructor to register.

Taught by certified, insured, 500Level YA Yoga instructor.

Questions?

PamPbexpresso@gmail.com , or 206-364-5536





COUNTRY ROADS SHUFFLERS PICKING UP AWARDS

January was a terrific month for CR Shufflers in tournament and league action. We hosted the annual Mixed Doubles Event January 15-17.

There were 130 shufflers competing from several different parks in Yuma. Two of our teams made the medal round. Fred and Judy Kummer finished 4th in the Championship bracket and Zoria Nahnybida and Dan Hannon got a 4th place medal in the Consolation bracket.

We then hosted the Mixed Doubles State Qualifying Tournament, February 2 and 3 and two couples out of the 20 teams who entered, placed well. Grieg Carter and Sharon Whitely place 2nd and Bill and Linda Stoneburner placed 4th, both in the Championship bracket. Both teams had a chance to represent Region III and Country Roads in the State Playoffs. One of them would have had to win the tournament, but they both did extremely well against tough competition.

In ASA League play, our four (4) teams represented us well, but only the Country Road Runners captained by Linda Stoneburner advanced to the District Team event scheduled for The Palms on February 19-21. The winning District Team will advance to the State Tournament later in the Spring. Members of the CR team are Bill & Linda Stoneburner, Lee & Deb Tuott, Grieg & Linda Carter and Rick Shultze.

We will conclude our year with the annual banquet scheduled for February 28, where new officers will be selected and this year's Hall of (continued....)

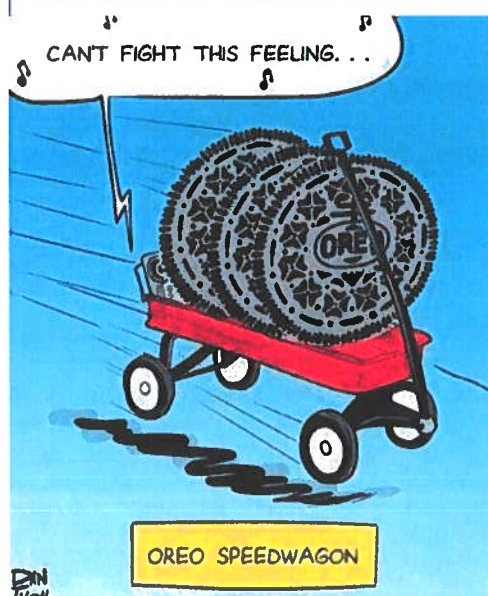
Fame candidates named. The Hall of Fame recognizes those team member and former members who have given "extra" toward the betterment of shuffleboard at Country Roads. We continue to see new players every Monday, Wednesday & Friday at 8:30am for our fun, recreational shuffle. If you have not tried it, come on out. You will have fun learning the game---and laugh lots.

Gary Bartlett Courier Reporter

2024 TREE TRIMMING FORM

IT IS CRITICAL THAT YOU SUBMIT THE 2024 TREE TRIMMING FORM TO BE PUT ON OUR SUMMER TREE MAINTENANCE SCHEDULE. PLEASE KNOW THAT YOU ARE EXPECTED TO KEEP YOUR LOT/LANDSCAPE MAINTENANCED EVEN WHILE YOU ARE AWAY. THIS IS A GREAT WAY TO HELP YOU WITH THAT. PICK UP AND SUBMIT THE FORM AT THE HOMEOWNER'S OFFICE.

THANK YOU,
YOUR COUNTRY ROADS HOMEOWNER'S OFFICE STAFF



PAPER CRAFTING



Our final 'Make and Take' card classes will be held on Friday March 08 and Friday March 22 at 1:30 pm in the Navajo Room. These classes are great for the "Beginner" and anyone who wants to try their hand at card making. No experience is needed. There is no fee for our club members and the cost is \$8 for non-members. Preregistration is required as space is limited. A signup sheet will be posted a week before each event on the wall by the ballroom bulletin board. The two cards that will be made in each of these classes will also be on display prior to the events in the glass showcase outside the Navajo Room. Our club sessions will be ending March 30. Until then our times are: Wed evenings from 6:00 – 9:00 pm Fri afternoons from 1:00 – 4:00 pm Sat mornings from 9:00 – 12:00 pm Although our time at the club will end soon we are grateful and excited about all we accomplished this season. Our club membership, drop in visits and card class attendance all increased from last season. Over the summer we encourage you to dig out your pending paper projects and think about joining us next season to get them completed or join us to try a new craft.

France Pelletier – Pres
Lot# 763 403-477-4351
Barb Baron – Sec/Treas
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A TRUE
love story
NEVER ENDS

**ELECTION
COMMITTEE
NEWS**

"Honey?"

I look over at the old man, unsure of himself, faltering in his gaze. I go to him, a smile on my face, longing to calm the distress that I know lives in his heart.

"What, Babe?" I use the endearments we used when we were new, that we have always used. I take his hand, now old and wrinkled, like mine. I try to see these two hands as they had been years ago: his strong, big, calloused, and weather-beaten, a hand that worked hard, protected and caressed and the smaller hand, smooth and tan, capable and soft, touching gently. I turned my hand in his.

"Honey, I don't mean to be such a burden. I can't even take out the garbage."

I hug him then. My protestations wouldn't mean much to a man who was once hailed the strongest man in the county, a man who used brute strength to subdue a bull, pull a calf, save his stepdaughter from a falling camper by taking the brunt of it on his back. Not much to a man who had done three tours of duty in VietNam, was shot down and burned over 70 percent of his body, shattered the left side of his pelvis into 32 pieces and spent 8 months in the hospital. What would it have meant to a man who went on to become a cop, a paramedic and then a dairy farmer until one day, 30 years later it all came crashing down on him, the smoke induced COPD, the unrelenting pain in the pelvis. The rewards of old age from a violent youth, spent in war. Nothing I could say would mean too much.

"I got you a Valentine", I say, handing him the scarlet envelope. He took it gingerly, as if it contained explosives.

"I didn't get you anything," he claimed unnecessarily, as I knew he was fairly confined to the house and one day just ran into another for him.

"You give me you every day and that is all you need," I returned.

He opened the card.

'You are the love of my life
To have found you at all is a gift.
To have you in my life every day is a joy.
To grow old with you is my privilege.
To hold you is my happiness.
To be parted from you is my sorrow.
You are the love of my life.

He looked at me. He kissed my lips.

"Ditto", he said.

By a cherished member of our Creative Writing Club

The preparation and mailing of ballots is now complete. Your Election Committee and a dedicated cadre of a dozen volunteers participated in the preparation and mailing of ballots. Identifying and training the volunteers is very important to this process and Barb Hostutler, as she has in the past, did a great job.

A number of the committee members critically evaluated the process we used to mail out and I know we will have rich trove of suggestions for improvement when the committee meets soon after the AGM meeting and the announcement of election results.

Six hundred fifty three (653) home owners filled out the pick up request form and when all was said and done the park saved over \$600 in mailing costs. The number of people filling out pick up request forms nearly doubled from last year.

Thanks to all of us.

Let me remind all that if you do not vote electronically or manually before March 11 at 3:00 pm (the deadline for ballots to be actually received) you can still come to the AGM and vote in person. The same great group of volunteers, and our committee, will be available to assist you.

Thanks to the four home owners who have become candidates. Some will note that there are no losers here, only the identification of folks who are willing to serve.

Wally Brauer
Election Committee Chair



