# DECEMBER 2025 COUNTRY ROADS COURIER

**Editor: Myrna Mattson** 

www.countryroadsyuma.com

General Manager Vanessa Harris



As the holiday season arrives, we send our warmest wishes to all our residents. This time of year invites us to pause, reflect, and appreciate the comfort of home and the kindness of neighbors. Our community continues to thrive because of the warmth, generosity, and friendly spirit each of you brings to it. If you'll be traveling for the holidays, please remember to check out with the office before you leave and check back in when you return. This helps us keep our community safe, informed, and prepared in case of any emergencies while you're away As winter settles in, we encourage everyone to stay connected and look out for one another in the small ways that make a big difference. Whether you're celebrating with family, enjoying quiet moments, or embracing cherished traditions, may your season be filled with peace, joy, and good health.

## Happy holidays and best wishes for a bright year ahead!

Vanessa Harris, CAAMCommunity Manager Country Roads RV Village, POAwww.countryroadsyuma.com



#### COUNTRY ROADS COMMUNITY CHURCH WELCOMES YOU

During this Christmas Season, please join your fellow Country Roads residents in celebrating the birth of our Lord and Savior Jesus Christ. This holy season offers each of us the perfect opportunity to renew our faith and to celebrate the season by attending our local CR Church services on Sundays at 10am in the Ballroom. Please watch for announcements of additional worship opportunities during the Christmas season.

MERRY CHRISTMAS to all and may you be blessed with good health and great happiness in 2026!

Emily Bogut, Secretary

406-249-3876



#### **CHRISTMAS**

#### **PARADE**

Our annual Christmas parade will be on Monday, December 15 starting at 6:00p.m.

For parade participants, please line up by 5:30 p.m. on Good Time Blvd. (across from east side of ballroom) No entry fee, just show up! We encourage bikers, golf carts, cars, and even walkers to decorate and join the fun.

For spectators, the parade route will be the perimeter of the park, starting on the East side. Make it a fun evening by viewing the parade with your neighbors along the route, (or come to the community parking lot to view the beginning of the parade) then have a neigh-

bor get-together afterwards!
The theme for this year's parade is
"Sharing the Holidays with
Neighbors".

Questions? Call Darline Moody - 541-520-6016







Please send your articles to:

#### denmyrn41@gmail.com

The articles must be submitted by the 10th of each month for publication the following month.

Please forward in Microsoft

Word if possible. Give me a call if you have any questions.

Thanks, Myrna Mattson #679 360.298.2567

The purpose of the Country Roads RV Village Newsletter is to connect and inform our Residents of current events and announcements. We appreciate your submissions and are looking for articles and content that align with this mission.

#### Structure:

Font Times New Roman Font Size 12 Font Color black only

#### Word limit 150

# Include Name, Lot number and contact information in case of questions

Article will not repeat monthly, monthly resubmission is required

News and Announcements must be current with month of publication (Example: Articles submitted in January are for February's publication.





Joe Clifton .....President joseph.clifton59@gmail.com

Pat Tuckwell.... Vice President pattuckwell1@yahoo.com

Martha Durand .....Treasurer marthadurand123@gmail.com

Mike McMillen .....Secretary yumamikecr@gmail.com

**Duane Anderson**... Director aduane45@gmail.com

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David Andrews ....Director andrews85365@gmail.com





#### **COUNTRY ROADS RV PARK**

5707 East 32nd Street #1127 Yuma, AZ 85365 Phone: 928.344.8910

Fax: 928.344.0080
Email: countryroadsfrontdesk@gmail.com

#### **Manager**

Vanessa Harris

#### **Activities Director**

Carrie Matus

Website:

www.countryroadsyuma.com

Spectrum: 1-833.697.7328

## OUR CLUBS AND ORGANIZATIONS

Beads and Baubles

Billiards

B.I.N.G.O

Book Club.

Bridge

Bunco

Can/Am Friendship

Catholic Fellowship

Ceramics

Choral/Drama

Church Choir

Clogging

Computers

Cornhole

Craft Fair

Creative Writers

Dance

Desert Diamonds

Diabetes Support

Fitness Club

Four Wheelers

Guys and Gals Golf

Hand Appliqué Sew & Stitch

Health

Horse Shoe

Knit n' Stitch

Lapidary/Rock Hunting

Line Dancing

Mahjongg

Material Girls

Men's Fellowship

Painting

Pickleball

Pinochle

Pinochle (2 Deck/7 Card)

Poker: Dealers Choice/Hold'em

Pottery

Quilting

Relay for Life

Scrap Book

Sewing

Flying Solo Singles

Shuffleboard

Swimming Aerobics

Tennis

T.O.P.S.

Water Aerobics

Veteran's Club

veteran's Club

Volleyball: Water/Sand

Whole Food Plant-Based Group

Women's Fellowship

Woodcarving

Woodshop

Zumba Gold



# LIST OF ALL THE COUNTRY ROADS RV VILLAGE FACEBOOK GROUPS

**COUNTRY ROADS RV VILLAGE** BUY/SELL/TRADE/ISO **COUNTRY ROADS RV VILLAGE** REAL ESTATE (SELL AND RENT) **COUNTRY ROADS YUMA HOME OWNERS COUNTRY ROADS RV VILLAGE GROUP YUMA** CR RV VILLAGE YUMA HIKING NEWS COUNTRY ROADS PICKLEBALL **CLUB GROUP COUNTRY ROADS MEMBERS ADVENTURES COUNTRY ROADS VETERANS CLUB** 

CR KNIT AND STITCH
COUNTRY ROADS TENNIS CLUB
C. ROADS JEEP & 4X4 CLUB

COUNTRY ROADS GUYS & GALS GOLF CLUB

COUNTRY ROADS POTTERY PALS COUNTRY ROADS QUILT CLUB

CR LAPIDARY
COUNTRY ROADS PRAYER WARRIORS
COUNTRY ROADS RANTS AND
RAVES
COUNTRY ROADS TOPS AZ 0380
YUMA
COUNTRY ROADS POKER CLUB
COUNTRY ROADS
SHUFFLEBOARD CLUB
BUY NOTHING COUNTRY ROADS

RV VILLAGE
COUNTRY ROADS SATURDAY
MORNING BREAKFAST
C R CRUISING CLUB

COUNTRY ROADS BUSINESS REFERRALS
CR CHURCH
CR WORKSHOP CLUB
PHOTOGRAPHY CR
CR BIRTHDAY BRIDGE
CR FLYING SOLO CLUB
COUNTRY ROADS RV VILLAGE
VOLLEYBALL CLUB
COUNTRY ROADS UTV

CARRIE COUNTRY ROADS (PRIVATE FACEBOOK PAGE)

COUNTRY ROADS RV VILLAGE (NOT A GROUP PAGE)

### SUNRISE CAFEL

Breakfast 7-10:30. Lunch 11-1:00

A lot of popular items from last season. And new menu items that we tested during our soft opening. We will have daily specials...and liver and onions on Tuesday.

<u>Valeri</u>



### Get Ready for a Jolly Good Time at Country Roads' Christmas Karaoke

The holiday season is just around the corner, and KJ Sean & Esther are kicking off the festivities with a fun-filled Christmas karaoke event. Beginning at 6 pm Friday, Dec. 19, residents and guests will gather for an evening of singing, laughter, and holiday cheer, all with a festive "Ho! Ho! Ho!"" theme. As we did the past two years, the evening will conclude with everyone joining in on "Silent Night." The event promises to be a memorable one, featuring a special visit from Santa Claus himself! Don't miss your chance to belt out your favorite Christmas tune and maybe even snag a photo or catch a dance with the big man in red or his lovely wife. Whether you're a seasoned karaoke pro or just looking to have a good time, this event is sure to put you in the holiday spirit.



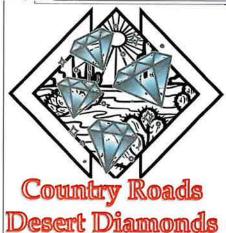




#### COMPUTER CLUB

Computer / Personal Electronic
Devices Disappointed with your
Personal Electronic Device? Are
you able to teach others? Drop in to
the Coronado Room Wednesday's
from 9- 11:30 am. to see if your
issue can be solved by one of our
members. Thanks to the Activities
Office for ensuring our room for
another season! Anthony Lot #550.
Have a Merry





## Social-Service & Friendship Club MONTHLY MEETING:

THURSDAY'S

The Desert Diamond's meet at the Country Roads Sunrise Cafe at 11:15 am for lunch. If you are not interested in lunch with the group please join us for the business meeting in the Inca Room at 12:30. Please wear your club shirt to all events and meetings.

November 6th
December 4th
January 8th (ONLY) Coronado
Room 12:30-5:00 details below
February 5th

March 5th

**April** TBA

SEASON SOCIAL EVENTS Times and Carpool information will be announced at monthly meetings

**DECEMBER** 7th 4:00pm 4 stop Christmas Progressive Holiday Dinner & Dirty Santa Game

JANUARY 8th- 12:30-5:00 PM Fondu Party and Bunco Game Coronado Room

**FEBRUARY** 12th-Hosting:Ladies Valentine Luncheon Prepared and hosted by Desert Diamonds. (continued...)

Actually we have to entire year mapped out. If you come to the meetings you can get the other dates or wait until next months newsletter. **New members welcome**:

For more information:

Rhonda Garrett-leader 720-999-1779 call or text rota4951@msn.com

Sally Patrick-Social Organizer 509-235-5224 or text- 509-638-6174 69lpatrick@gmail.com



## WHAT I WOULD TELL MY TEN-YEAR-OLD SELF

by Jean Lasater

I'll start with where *I* was and how *I* was at 10. I had already moved five times. I was learning how to be portable and self-contained, but I was a sensitive kid, so all this re-integration required a pretty sturdy façade. I learned to make friends quickly, a sort of social survival. Life was a little hard at home, too, so at 10 there were some things *I* needed to hear:

You know what love is
Be your strongest self; a girl
who knows her mind
Be brave
The people who hurt you are
often doing their best
You belong. Even when you feel
different, you belong
(continued...)

You're okay

You don't need anyone else to be okay
Find the things that make you happy and follow them
It's okay to make mistakes
Ignore the boys until you're 30
Be kind to yourself and others

Come join us to write. Creative Writers Thursdays 8:45-11:00 AM Aztec Room

You ARE the luckiest girl



We had our first meeting on Novem ber 12th. Dues are \$5/year per person this season and we encourage everyone to contribute. Dues can be given to Steve Hanenkrat at the pits or at lot 203. We are working on hanging a drop box for dues. Club Play: Cornhole Tues/Th, 10:00 a.m. Everyone welcome and encouraged to try Cornhole, any play level, any mobility level. Let us show you how to play and make accommodations so you can enjoy this activity. The Cornhole/Horseshoe pits are open to all. Come play with family &friends at your leisure. Lights available for evening play. Club bags are located in the pockets at the ends of the boards. Please replace covers & bags. Horseshoes are in the shed near the pits. Please join the Country Roads Cornhole/ Horseshoe Club Facebook page to keep up to date on club activities. Steve Hanenkrat, President, Lot 203 360-440-3583





#### Country Roads 4x4/Jeep Group

Come join us for a great experience. We have 2 organized "runs/outings" each month. We meet the 2<sup>nd</sup> and the 4<sup>th</sup> Monday's each month thru March. We also have 2 Potlucks each month, on Tuesdays, the day after the run/outing.

#### We have 3 groups to choose from

Desert Explores: Rated easy - They love to "explore" new areas, sightseeing, walking & hiking.

Moderate Group: Needs – Basic 4x4 specs, well equipped, basic experience Advanced Group: Needs – Advanced 4x4 specs. 33" tire minimum, lockers preferred, some lift, more advanced experience requested.

We meet at 8:30 am on the east side of the Ballroom on Good Time Blvd. Moderate group lines up on the left side of the street and advanced group lines up on the right. We leave at 9:00am. Bring a lunch, water and a chair. Runs usually last until early afternoon.

Desert Explores line up at 9:30 Don't have a Jeep or 4 wheel drive? We love having extra "riders". Bring your lunch, water and a chair and we will find you a ride.

#### December Schedule:

December 9<sup>th</sup> & 22<sup>nd</sup> Jeep Run 8:30 Line Up Good Time Blvd November 10<sup>th</sup> & 23<sup>rd</sup>Potluck3:00

Inca/Aztec Room

## "Hold Harmless" form (provided) signed and dated required for all Drivers and Riders

Not sure, give us a call or come to the potluck. New members are welcome anytime. Also, check out our **Bulletin Board, located by the Welcome Office**,

for current events and updates. Neil Brown 541-377-7028

Ted Burgess 541-815-1125



The Building Fund (BF) serves as a committee of the Country Roads Board of Directors (BoD). The mission of the Building Fund is to raise money through a variety of events and to allocate the expenditure of those funds for the betterment of Country Roads, primarily by supporting clubs and activities. As a result of the ongoing efforts of the many CR volunteers, as well as donations from clubs and individuals, the BF has money to allocate. If your club or activity has a need, please contact one of our committee members to pick up a Request for Project (RFP) form. These are also available in the office. Committee members can assist you in the process, as needed. The next BF General Meeting is Mon., Dec. 1 at 9:00 in the Mojave Room. The next BF Executive Meeting is Mon., Dec. 23 at 9:00 in the Maricopa Room. All CR homeowners and renters are welcome to attend.

Chairperson – Steven Selheim Vice Chairperson – Julie

Hanenkrat

Recorder – Doris VanDaam Bookkeeper – Julie Cieloha Member at Large – Mackie Clifton Member at Large – Charlett Bopp Liaison to CR BoD – Mike

McMillen





## \*\*Country Roads Choral & Drama Club Announces Auditions for Annual Talent Show\*\*

Excitement is building at Country Roads RV Village as the community prepares for its highly anticipated annual talent show. This year, the show will pay homage to the classic Ed Sullivan variety show, "Toast of the Town," and promises to be an unforgettable event. Auditions for the talent show will take place on January 3rd and 10th, starting at 1:00 PM. All Country Roads residents are invited to showcase their unique talents, whether it's singing, dancing, playing an instrument, performing a skit, telling jokes, or performing magic tricks. The show is open to performers of all ages and skill levels, so don't be shy about sharing your talents with the community. Talent is also needed backstage to take care of all the behind-the-scenes activities. "Sign-up sheets will be in the ballroom starting December 1, for show auditions. Specific times will be given to each act so that no one has to wait around. Auditions can be up to 15 minutes so acts can get set up. People can sign up to try out on either audition day and MUST come prepared. The talent show itself will be held on February 21st and 22nd, and is expected to be one of the most popular events of the season. If enough talent steps forward, it's possible the two dates will have entirely different shows. Held in evennumbered years, the talent show is a highlight of the Country Roads entertainment calendar, and the 2026 edition is shaping up to be just as spectacular.

Questions? Call Jean Lasater 503-871-8150

Editors Note: Even though there have been many requests through the years, I will NOT be playing my comb with wax paper on it. If you missed it the first time, your lose. Sorry





I recently gave a talk in the Men's Fellowship on choosing. I had been thinking about the multitude of choices we make each day. Some we don't even think about, Some we may wish we had thought about a little more carefully. Some we like and some we regret. Almost always there are consequences to the decisions we make. Some are very short lived and minor and some are tragic and life long.

But another interesting thing about choices involves time. The choices we made yesterday are history. They may have been good or bad or inconsequential but they can't be changed now. We live with the consequences. There's an interesting verse in the Bible, Joshua 24:15. One phrase in that verse is strategic. It says, "choose for yourselves today," It's in the context of the Israelites choosing or not choosing the one true God or other false gods. The reality is yesterday is gone and tomorrow with all its unseen and unknown circumstances that will shape our choices is not here yet. So, we are left with today. Make the best choices you can today. Being careful with what you say, do, eat, look at, etc. so your regrets are minimal. When tomorrow becomes today, then you do it all over again. (continued...)

Making the best choices out of the multitude of options that you may have at the moment.

Choose well, the choice is yours,

Jerry Opp #1147



Women's Fellowship is Wednesday morning at 7:30AM in the Mojavi Room. We pray for each other and those we know, we sing and fellowship, and we enjoy early morning treats such as muffins, fruit, coffee, or tea. We have weekly guest speakers or a testimony from someone within the community. Our December 17, 2025 meeting will include a potluck breakfast. No meeting on December 24, Christmas Eve or December 31, New Year's Eve. Our fellowship meetings usually last an hour and are a great way to start your day and lift up your midweek.

Joanie Hein

Lot 816



#### PAVORITE MONTHLY PET CORNER

MAX belongs to Grinch and was the best dog to start this new section. Everyone knows and loves Max. Next month we are hoping to get the dog that was adopted at last year's Dog Show who found a "forever home" right here is Country Roads bringing joy and making a lifetime friend.





I'm pretty sure my guardian angel just sits there watching me as she paints her nails, rolls her eyes, and mutters under her breath, "How did I get stuck with this one?"











You must live at Country Roads to be able to play. There is a change. I was mistaken about the annual membership fee. It is only \$15 a season, November through March. Mondays, Wednesdays, and Fridays are dealers choice evenings with some Texas Hold'em, all low key and fun. Buy-ins are \$11 and it is nickel-dime. Guests can play twice.

Thursday, Saturday and Sunday afternoons are Texas Hold'em Tournament games. They cost \$20 a player, winners take all, Guests can play twice but ay winning guest will join the club as part of the payout.

Check out the sign-up sheets right inside the door next to the main road. All games need to be signed up ahead of time on the wall. It is necessary in prepping the room for play ahead of time. Coming without warning creates an unpleasant start. Scribe, Myrna Mattson Lot 679



# COUNTRY ROADS

We meet every Monday at 9:00 in the Coronado room. The first and third Mondays are the regular meeting times and show and tell. The second and fourth Mondays will be quick updates and show and tell. We also usually have project classes on the second and fourth Mondays. On the main meeting days it will usually be open sewing times for our members. For the month of December our group will have a table topper project being taught by member Sherri W. Every Thursday we have an ongoing class where we will make a new quilt block each week. These Thursday classes will be taught by three of our members, Jenelle A., Linda S. and Sherri W. At the end of the season participants will design and sew their blocks into a quilt, table topper, runner, throw, or wherever they choose. On December 15th our Christmas brunch/party will be held with fun activities, a gift exchange and delicious foods. Our group is already looking ahead to our annual quilt show which will be held on February 27th in the ballroom. There will be many quilts, throws, etc. on display and the public is encouraged to vote for their favorites in various categories. A special lunch will be offered for purchase. There will be many vendors set up for the event as well. Come check out our group. Dues are only \$10 for the season and we love to welcome and encourage new members whether they are a seasoned quilter or have never even tried quilting. This is a fun



The next Country Roads Veterans Club coffee meeting will be held on Thursday, December 4, 2025 at 0800 hours (8 am) in the Ballroom. Please bring your own first cup of coffee or beverage and a second cup of coffee will be provided. Light pastries will be served. All Canadian and US veterans are invited to attend. Subsequent meetings will be held on the first Thursday of the month through April 2026.

We will be discussing several topics of interest to Club members. A guest speaker has been asked to address Club members. For further information please either email Bert Rice at bert07@comcast.net OR call (410) 507-3366. We look forward to seeing and sharing with you on Thursday, December 4, 2025.



Every Wednesday@6pm in the AZTEC Room

Practice starts at 6. Play starts at 6:30

so cents to play!

Questions? Contact Nancy Bourgeois 303-506-1408

Male with Project (Williams)

### COUNTRY ROADS GUYS AND GALS



Country Roads Golf Club welcomes both men and women, couples and singles, of all skill levels. We golf 5 different courses in and around The Yuma area. You will find driving ranges and golf lessons are available at most courses. This club is a great way to meet and enjoy your neighbors.

## The club meeting is every Monday at 8am in the ballroom.

The annual membership fee is \$25.00 this will include our annual end of year Banquet and Raffle! We have a one-month membership available for \$5.00. This is a great way to bring visiting friends and family golfing with you. Don't miss out! Be ready to register for your Membership at the Monday meeting and start golfing!

You will be able to sign up for golfing, with the help of our coordinators. We provide advanced pre -scheduled tee times and pairings at each course. We have planned activities throughout the season, including our annual "Decorating of the Ballroom" for Christmas. An event the whole club looks forward to each year. We will have Saturday Fun Golf, Friday Happy Hours, BBQ"S and Friendly Tournaments! To find out more information simply attend the meeting on Monday mornings at 8am. See you Soon! Lou Wintermyer Secretary

**\*\*** 

## FLYI NG SOLO SINGLES

To all those in Country Roads "flying solo," Welcome and Welcome Back! December has several familiar events and activities on the FSS calendar as well as some special holiday-related events. Be sure to check out the bulletin board located on the wall between the Maricopa Room and the Welcome Center for the December FSS calendar of events and contact information. A table for 10 will be reserved for FSS members who want to enjoy the Friday, 12/12 Spaghetti Dinner together. Contact Shane Taber to purchase the \$12 ticket. The December potluck lunch is scheduled for Saturday, 12/13 at 12:30 PM in the Mohave Room. Hosts are needed to plan the menu, to oversee the potluck food sign-ups and to set up the room. A White Elephant Gift Exchange has been suggested. Mark your calendars to attend the monthly FSS planning meeting on Thursday, 12/18 from 11 AM in the Navajo Room. New residents are especially encouraged to attend this one-hour meeting as well as the FSS Friendship Breakfast held in the Sunrise Café on Tuesdays from 8:30 AM each week. Look for the group's sign with the colorful flying bird! Finally, a holiday dinner on December 25th at a local restaurant is in the works with a tour afterwards of several of Yuma's festively decorated neighborhoods. Watch the group's Facebook page and bulletin board for further information. (Submitted by Shane Taber, Lot #59 623-910-1619 sctaber56@gmail.com)



#### Tai Chi for Flexibility

TAI CHI CHUAN (Classical Yang Style) And Qigong

Please join us for Tai Chi and Qigong every Monday from 10:00-11:00 am in the Mojave Room. On the 1st of each month, we will be on the East (covered) Patio. We will start December 1st. Tai Chi is an internal Martial Art., It helps to improve strength, flexibility and balance. It improves cardiovascular fitness, lower blood pressure and helps with the pain of arthritis. The deliberate movements help us feel more relaxed, grounded and present in our bodies. Tai Chi lowers anxiety, depression and stress while improving memory, focus and sleep. Qigong uses exercise to optimize energy within the body, mind and spirit.

Madelyn Read, is nationally certified in Tai Chi Chuan-Yang Style, is the instructor. All you need to bring to class is curiosity.

#### **Bocce Ball**





## COUNTRY ROADS SHUFFLEBOARD

The 2025/26 Activity Season at CR has officially started and the streets are filled with happy residence heading to play a variety of fun activities. Shuffleboard is one of those activities and we are seeing nice numbers coming out at 8:00am Monday, Wednesday and Friday to laugh and play this fun/ non injury game. By the time you read this, we will have moved the start time to 8:30am as the warm temps will have started to disappear. We had 14 shufflers enter the Sun Vista Any Singles tournament November 3-5. The summer rust was really showing as no one made it to the trophy round. That is very unusual—but that is shuffling. Many are not entered in the Black Swan Tournament at Araby Acres. The January Courier will list the results and hopefully several will make it to the award stand. Our five (5) ASA league teams are now all in action and doing quite well. It is early, but the results are positive. We will be hosting the Any Doubles Dist. III Tournament December 1-4. If you want to see some great shuffling, come out and watch a few games. We will again provide formal lessons to any resident on Monday, December 8. Any new player does not have to wait that long. Just sign up on any recreational play morning after 7:00am and you will be placed with an experienced player. The game will come to you quickly and you will be off and shuffling. It is a great way to start the day.

Happy Shuffling----see you on the courts.

Gary Bartlett, # 1207 Shuffleboard Courier Reporter



It is time to start thinking about who should run for director and serve on the 7 person board. Think about running yourself but also encourage other home owners you know who would be good directors. We will elect three directors in this election cycle. Participation is fun and stimulating! Anyone who is interested can self-nominate by delivering to the office or to me at lot 1192 a one page letter setting forth whatever you think homeowners should know to decide whether you would be a good director. Any home owner in good standing is eligible to serve on the board of directors. In the near future you will receive, if you haven't already, a letter from the election committee explaining that we will from this election and into the future presume that you will vote electronically---on your computer or your smart phone. The letter notes that if you don't want to vote electronically you must tell us in writing how you want to vote (the letter tells you of all choices). You absolutely will not be sent a paper ballot unless you fill out the letter indicating as much, nor will you be able to pick up a paper ballot later. Of course, if all else fails you can always vote in person at the Annual General Membership meeting on March 10, 2026 between 9am and 10am.

Country Roads is the wonderful treasure that it is because we have a hard working, smart board (and because of all the wonderful volunteer).

The Election Committee Wally Brauer, 303.886.0115

# RAGER BRAVER WOODCARVERS & WOOD BURNERS

Happy December Everyone.

Our park is filling up with eager new people along with the returnees. It's so good seeing all the new and old faces. We are up and running as woodcarvers and wood burners. Some of the more creative members have been blending the two mediums together to get some spectacular results. We will expand the possibilities of what can be done with a simple piece of wood. Drop by and check us out. The class is a drop-in place and the hours are 8:00 to 2:00 on Mondays and Fridays, Seasonal dues is \$10.

A very Merry Christmas and Happy New Year to you all.

PRESIDENTS: Gerry Gackle Gary Stuart



Scribe Momma Beaver Myrna Mattson Lot 679





WELL, THIS IS AWKWARD ...





If you've dodged the bullets of cancer, heart disease, minor strokes, diabetes, and/or obesity, and you want to keep improving your odds of dodging them in the future, then Healthy U! Club is the place for you! We learn preventative ways to live long and healthy lives in our Senior years. However, if you haven't dodged the bullets of cancer, heart disease, minor strokes, diabetes, and/or obesity, and you'd like to a.) get back to good health or b.) find ways to enhance and amplify your current medical treatment, then Healthy U! Club is the place for you! In other words, Healthy U! Club is for everyone, no matter where you are on the health spectrum. We learn not only about preventative methods, but also adjunct methods which can go hand in hand with medical care. Optimal nutrition, adequate exercise, restorative sleep, positive relationships, destressing, and finding purpose in life work in all circumstances to improve our outcomes. We meet the first Tuesday of every month at 1:30 in the Inca/Aztec Rooms, and we have delicious potlucks and also lunch together at the Cafe now and then. Our check out library of common sense health books rivals any city library. Dues are \$10 per household per year. Come check us out.

(continued....)

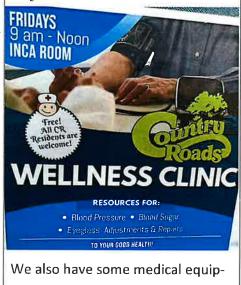
Upcoming meetings are Dec. 2, Jan. 6, Feb. 3, and March 3. You'll find a friendly and supportive group that would love to travel with you to better health, no matter where you're starting from!

Call if questions -Jerry and JoAnn Opp 03-312-1226



#### The Wellness Clinic

We are now open every Friday from 9:00 am to 12:00 noon. We take blood pressures and blood sugar readings. Also eyeglass adjustments.



ment that we loan out to residents



"Welcome to the Planet of the Apps."

If you are new to line dancing, or if you've done it a little, or if you would like a slower pace with more repetition, then Wednesday mornings at 9:30 in the ballroom is where you should be! The first class at 9:30 is called Baby Steps and the second at 10:15 is Beginners. You'll enjoy learning the dances with your Country Roads friends and neighbors. Don't worry, it's OK if you don't do it perfectly, no one always does it perfectly, including the teacher! It's a very fun way to build muscles, bones, brains, and balance, and you'll be singing catchy tunes the rest of the day.

If you've line danced before and are looking for something upbeat, faster paced and more challenging, then Saturday mornings at 9:30 in the ballroom is where you should be! Line Dance 1 (Beginner and High Beginner) comes first, followed at 10:15 by Line Dance 2 (Improved level). Awesome dances, great music, and lots of exercise! Wear comfortable clothes and shoes, bring water, and come a little early to sign in. Tips only for Country Roads people. \$5 per day for out of park.

See you on the dance floor! JoAnn Opp 503-312-1226



# The Legend of the CANDY CANE



Look at the Candy Cane,
What do you see?
Stripes that are red
Like the blood shed for me!

White is for my Savior
Who's sinless and pure!
"J" is for Jesus,
My Lord, that's for sure!

Turn it around
And a staff you will see.

Jesus my shepherd
Was born for Me!



## EAT... SLEEP...

#### BRIDGE

The Country Roads bridge club is looking forward to another fun season of bridge. We welcome new members and look forward to meeting you. Our regular bridge sessions will begin the week of November 10<sup>th</sup>. We play from 12:30 to 3:00 pm daily. We ask that you arrive 10-15 minutes early to help with set up and to give us an idea of how many tables we need to set up for. Weekly schedule:

Monday: duplicate bridge
Tuesday: bridge lessons
Wednesday: beginner bridge with
party bridge scoring

Friday: duplicate bridge

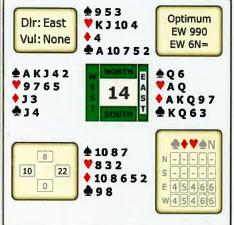
Duplicate and Swiss pairs games are \$1.00. Half the money collected from Swiss pairs is returned as prizes to the players. There is no charge for bridge lessons. Beginner bridge lessons will commence November 11 and continue to December 18. Linda White, our president shall be instructing. Her phone number is 406 671 7877.

You are welcome to join us with or without a partner. We will do our best to find a partner for you.

Grace Zapisocki, Secretary

Beginning Bridge Lessons **Tuesdays 12:15 Mojave Room** 

Starting November 11 to December 18<sup>th</sup>, 2025



A series of 6 weeks of Beginning Bridge Lessons will prepare you for playing bridge with our group. On Tuesday afternoons from 12:30 to 3:00 we have a lesson and play. On Wednesdays from 12:30 to 3:00 is beginner bridge with party bridge scoring. Join the fun!

Contact Linda 406-671-7877 for

