

MARCH



2023

COUNTRY ROADS COURIER

Editor: Myrna Mattson

www.countryroadsyuma.com

General Manager Vanessa Harris



Homeowner's Annual Meeting (AGM)

Join friends and neighbors to celebrate Country Roads! Our home is once again Yuma's #1 RV Park.

We'll get updates on this past year, plans for future and election results. The AGM is for Homeowners only. Wear your name tag to assure admission to the ballroom

March 14, 2023

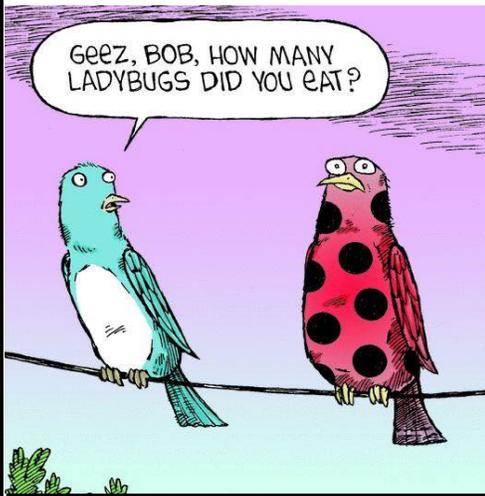
Tuesday

CR Ballroom

9 AM Vote in Person

10 AM Meeting

Pat Tuckwell
President
CRRVV



HEALTH CLINIC

Health Clinic will be open every Friday until March 31st in the Inca room from 9:00 to 12:00. We take



blood pressure

, blood



sugar

and get your



glasses repaired

Ladies Out-to-Lunch Bunch March Luncheon

Sign up in Activities Office by 12:00 pm Friday, March 3

Date: **Monday
March 6, 2023**

Time: **12:00 PM**

Place: **Blue Fox Bar and Grill**

2355 S 4th Ave.

Yuma, AZ 85364

Across the street from Frys Grocery

Organizer: Smidty Schripsema - (650) 619-6423 (call or text) smidty_111@msn.com - Lot 877 (Going Nowhere)

If you can give a ride or need a ride, check appropriate box when you sign up, then meet at the flagpole at 11:30 am prior to the luncheon

Don't forget to bring your optional white elephant gifts!

Support Your Local Business!

PATRICIA BARTLETT



Pat transitioned into Christ's arms on Friday, February 3, 2023 at Lake Hallie Memory Care Center. She now has a new body and is free of dementia, broken hip

and brain bleed. Pat married Gary on March 25, 1966 in Des Moines, Washington. They enjoyed almost 57 years together and raised two terrific sons, Chad (Colfax) and Wade (Nashville). Pat was adopted when she was 18 hours old by a loving military family on June 22, 1945. She retired in July, 2005 and she and Gary set off shortly for the sun and fun of Yuma, Arizona where they lived for the past 17 years. She was one of the founders of the Relay for Life Committee which annually raised \$12,000 - \$16,000 from Country Roads for the Yuma. Please contribute to the Alzheimer Association in your local area. Celebration for Pat will be in the ballroom on March 18 at 2:00pm.





WISE WORDS FROM EDITOR MYRNA!



Please send your articles to:

denmyrn41@gmail.com

The articles must be submitted by the 10th of each month for publication the following month. Please forward in Microsoft Word if possible. Give me a call if you have any questions. Thanks, Myrna Mattson #679

928.726.6697

The purpose of the Country Roads RV Village Newsletter is to connect and inform our Residents of current events and announcements.

We appreciate your submissions and are looking for articles and content that align with this mission.

Structure:

Font Time New Roman

Font Size 12

Font Color black only

Word limit 150

Include Name, Lot number and contact information in case of questions

Article will not repeat monthly, monthly resubmission is required

News and Announcements must be current with month of publication (Example: Articles submitted in January are for February's publication.



COUNTRY ROADS BOARDS OF DIRECTORS

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Jim LaFrenaye ..Mmbr At Large
jimlafrenaye@yahoo.com



COUNTRY ROADS RV PARK

5707 East 32nd Street #1127

Yuma, AZ 85365

Phone: 928.344.8910

Fax: 928.344.0080

Manager

Vanessa Harris

Activities Director

Carrie Matus

Website:

www.countryroadsyuma.com

Spectrum: 1-833.697.7328

OUR CLUBS AND ORGANIZATIONS

- Billiards
- B.I.N.G.O.
- Bridge
- Can/Am Friendship
- Catholic Fellowship
- Ceramics
- Choral/Drama
- Church Choir
- Clogging
- Computers
- Cornhole
- Country Red Roses Red Hatters
- Craft Fair
- Dance
- Diabetes Support
- Fitness Club
- Four Wheelers
- Guys and Gals Golf
- Hand Appliqué Sew & Stitch
- Health
- Horse Shoe
- Knit n' Stitch
- Lapidary/Rock Hunting
- Line Dancing
- Mahjonn
- Material Girls
- Men's Fellowship
- Painting
- Pickleball
- Pinochle
- Pinochle (2 Deck/7 Card)
- Poker: Dealers Choice/Hold'em
- Pottery
- Quilting
- Relay for Life
- Scrap Book
- Sewing
- Singles Social
- Shuffleboard
- Swimming Aerobics
- Tennis
- T.O.P.S.
- Water Aerobics
- Veteran's Club
- Volleyball: Water/Sand
- Whole Food Plant-Based Group
- Women's Fellowship
- Woodcarving
- Woodshop
- Writer's
- Zumba Gold



LIST OF ALL THE COUNTRY ROADS RV VILLAGE FACEBOOK GROUPS

This is their complete and exact group name on Facebook. Contact Andre at adgrenier@msn.com if any groups are missing. If you wish to join any of these groups, under "groups" do a search for that group name using these exact words. When a list comes up, make sure you choose "groups" on the left side of the page. The group should come up.

- COUNTRY ROADS RV VILLAGE BUY/SELL/TRADE/ISO
- COUNTRY ROADS RV VILLAGE REAL ESTATE (SELL AND RENT)
- COUNTRY ROADS YUMA HOME OWNERS
- COUNTRY ROADS RV VILLAGE GROUP YUMA
- CR RV VILLAGE YUMA HIKING NEWS
- COUNTRY ROADS PICKLEBALL CLUB GROUP
- COUNTRY ROADS MEMBERS ADVENTURES
- COUNTRY ROADS VETERANS CLUB
- COUNTRY ROADS GUYS & GALS GOLF CLUB
- COUNTRY ROADS TENNIS CLUB
- COUNTRY ROADS POTTERY PALS
- COUNTRY ROADS QUILT CLUB CR LAPIDARY
- COUNTRY ROADS PRAYER WARRIORS
- COUNTRY ROADS RANTS AND RAVES
- COUNTRY ROADS TOPS AZ 0380 YUMA
- COUNTRY ROADS POKER CLUB
- COUNTRY ROADS SHUFFLEBOARD CLUB
- BUY NOTHING COUNTRY ROADS RV VILLAGE
- COUNTRY ROADS SATURDAY MORNING BREAKFAST
- COUNTRY ROADS CRUISING CLUB
- COUNTRY ROADS BUSINESS REFERRALS
- COUNTRY ROADS MEMBERS ADVENTURES
- COUNTRY ROADS CHURCH
- COUNTRY ROADS WORKSHOP CLUB
- COUNTRY ROADS SINGLES CLUB
- COUNTRY ROADS RV VILLAGE VOLLEYBALL CLUB
- COUNTRY ROADS UTV
- CARRIE COUNTRY ROADS (PRIVATE FACEBOOK PAGE)
- COUNTRY ROADS RV VILLAGE (NOT A GROUP PAGE)



BINGO!

This month we were pleased to be able to make our charitable donations from profits gained during the 2022 season and the Covid years. Although not as robust a donation as we have made in the past, it reflects that attendance during the Covid years and 2022 was below our normal levels. We were made aware that the Yuma Firefighters and EMT services has experienced a severe budget crunch from inflation which impacted their ability to purchase much needed and critical supplies. They were in desperate need of new intubation mannequins and other accessories for testing and training. Also, their Technical Rescue operations were needing critical components for their rope rescue operations. Our donation of \$6,000 was needed and much appreciated to help them meet their commitments to serve the community. That we were able to help the firefighters and EMT group speaks volumes about our concern and involvement as a community within the greater Yuma community. Our bingo profits are derived from participants from all areas of Yuma and this was an excellent opportunity for us to pay back in a meaningful way. We were also able to donate \$2,500 to Country Roads to be used for whatever purposes are deemed to be appropriate. As chairman of Country Roads Bingo, I thank all our workers for their donation of time and effort that makes these donations possible. Also thanks to the players who support our efforts by coming along to Bingo every Tuesday evening during our season. (we're still looking for volunteer bingo workers, callers and team leaders) Thank you, Dave Wylie

YOGA

We're excited (in a calm way) to introduce Yoga that has long been requested. **Restful, Restorative Yoga**. It's a class where students lay on a mat, blanket and lots of props surrounded by soothing music and candles.

Participants move from one supported position to another to create maximum relaxation. The "support" comes from pillow-like "Bolsters" and lots of blankets. *All this is provided on the night of the class.* After, you go home feeling rested and relaxed ready for a good night's sleep! RRY helps create balance and healing energy. Mindfulness is also part of the practice.

Only for 12 students preregistration is advised to guarantee a spot. \$20 day of / \$15 with preregistration. This class is two times this season. **Feb 22 & March 22.** Class times are 6:30-7:30 PM Contact instructor to preregister.

Regular classes go through March: \$5

Mojave room

Chair Yoga (no floor) Mon 8:30AM -9:30AM

Gentle Yoga Tues & Fri 10:30-11:30 (Exception 1st Tuesday of month)

Instructor Pam: pbexpresso@gmail.com or 206-364-5536





COUNTRY ROADS COMMUNITY CHURCH



Country Roads Community Church meets every Sunday in the Ballroom, from 10:00-11:00, and all are invited! We welcome Christians from all denominations. The church is overseen by Pastor Glenn Connell, along with its own board of directors. Our emphasis is on community and fellowship. We are here to pray for and serve our neighbors, specifically through our Compassionate Neighbors Ministry. We have church members who are ready to assist with things such as rides to medical appointments, grocery order pickup, small repairs, sitting with a bedridden person while their caretaker runs an errand, or other needs. To get assistance, call or text Diana Barela at 775-750-9129. The church celebrates communion on the first Sunday of each month, and we have a potluck on the second Sunday of each month. On Sunday, March 26th, the Liberty Quartet will perform and lead our church service.



LIBERTY QUARTET — IN CONCERT —

March 26, 2023 10:00am
Country Roads Ballroom



LISTEN + FOLLOW www.libertyquartet.com/tour
#livinghopequartet @Romero.5.6 & Romero.16.13



BOCCE BALL



We will be playing Bocce Ball every Tuesday and Saturday at 10:00 subject to change depending on weather. Time will be posted at the court scoreboard. Everyone welcome, no mandatory presence. Very easy game, no experience necessary. We will help you. Meet other residents and have a lot of fun!

Nita Wiyrick



Can you believe it? Last month of the "official" season. Soon, the majority of us will be scattering to the four winds. It has been another enjoyable season with friends, new and old. Take with you the memories of those times and relationships, which will create a longing and anticipation to return next season.

Life will occasionally bring losses of various kinds. It's during those times it becomes evident of the benefits to having a group of caring friends who will walk with you through life's difficulties. That's one thing Men's Fellowship provides. Other guys who've got your back. No one walks through the valley alone.

If you've been missing out on a fun loving, caring group of people to lock arms with, check us out. Wednesdays, 7:15am, Aztec room.

Come for donuts, stay for fellowship.

Jerry Opp
#1147



All women are invited to join us in the Mojave Room to praise God & pray together for each other and our loved ones. Each week we have a special speaker. Sometimes it is one of our own group sharing their life experiences and other times we have guest speakers bringing us a message from God's Word or sharing their life experiences and following God's plan for their lives.

Our upcoming schedule of speakers is:

- March 1 Becky Sheridan
- March 8 Kandy from CASA
- March 15 Men & Women's Fellowship joint breakfast meeting. Pastor Tyrone James from Church of the City will be speaking.
- March 22 Ricky Ochoa, MD
- March 29 Lt. John Herzog from the Salvation Army

Please join us at 7:30 am every Wednesday morning in the Mojave Room. Refreshments are served with coffee, tea or hot chocolate. There is a chair waiting for you! For more information contact Diane Shelton 360-319-6017

Submitted by Diane Shelton





Tennis Club

Discover the Country Roads Tennis Club!

***Tennis Rib Dinner and Dance was a huge success, a sell out!! A big thank you to all the tennis club volunteers; and especially the non-club helpers: Tracy and Jim Bresnahan, Dorit and Ken Rogalsky, Warren and Gloria Finch, and our Emcee Dennis Miller! Also thank you to all that attended and were very generous with their ticket purchases!!

*** New time and place for the General Meeting –March 13th 3:30 in the Mojave Room.

TENNIS INSTRUCTION: Free Tennis Lessons for all skill levels every Wednesday!

INDIVIDUAL AND GROUP PLAY: We have fun in Round Robin Play, where all levels are invited every morning, Ladies only Round Robin, Men’s night, and two courts available for sign up!

LOCAL TOURNAMENTS: The Davis Cup is Tuesday March 7th. We choose teams from around the world; dress up and compete for those countries! Come watch the fun!

Nic Hawken Lot #685



As the end of our season is fast approaching Country Roads and Material Girls is in full swing. Some of our recent projects were the Inside Out Mat, Fish Placemat and Carry All Caddy. These were some great new projects. Material Girls are great people who love to sew and enjoy making an array of items, from wearables, household items, bags, and other creative projects.

Material Girls meet in the Coronado Room every Tuesday from 9:00 AM to 3:30 PM and Wednesdays from 9:00 AM to 11:45 AM. Wednesdays are called open sew which means members can bring any project they are working on and join others for conversation and support. What a great way to make new friends in the park.

Please come down and check us out. One of our members will be happy to show you around.

COUNTRY ROADS POKER CLUB

Poker Lovers, Coronado Room is located in the maintenance area of the park. It will become your home away from home. This season is drawing to a close, though there is never an end to poker playing. Someone is playing all summer. Check in at the signup wall just inside the street side door to find out when the games will be played. March will find the regular players finishing up the Championship Tournament, date to be determined, as well as the banquet. It has been a very successful year with over thirty people qualifying for the championship tournament. Safe travels to all who must leave the land of the sun. May your summer be filled with sunshine and family love.

Myrna Mattson,
Scribe



Country Readers Book Club

Join us:
Third Monday Every Month
3:00 pm - Maricopa Room



February:
The Dressmaker's Dowry
Meridith Jaeger
February 20



March:
Have You Seen Luis Velez
Catherine Ryan Hyde
March 20



ZUMBA

Zumba in CR in March will continue with certified Zumba Instructor, Darla Scholfield! Enjoy fun exercising in the pool or poolside & musically accompanied on Tuesdays, Wednesdays & Thursdays at 10:45 to 11:30 at the Main pool complex. First class is free if you are brand new! Subsequent classes are then \$5 or you may purchase for \$40 cash a punch card (Bargain \$4/class). Bring 2 lb. Weights if you have them, water & your smiles! Bonus.....Wednesdays are FREE! Linda Kuhl (Lot #855) 360 986 8483



CHORAL AND DRAMA CLUB

The Ship has sailed!!

We hope you enjoyed our production of "Honeymoon Cruise". It was a challenging and fun adventure for all who were involved and we believe the end result showcased all the hard work put in by every person involved. Can you believe how many people you saw on the stage!!!! Special thanks to Rita Derksen, the director, Jo Nightingale, the playwright, and Peggy Scott, the music director. There were so many people crucial to the success of the show we just can't name them all, but you saw them on the Program so please thank them if you see them.

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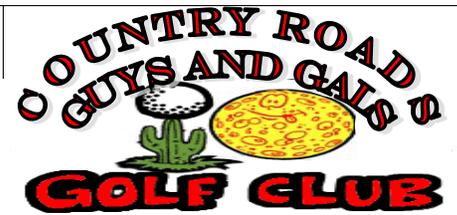
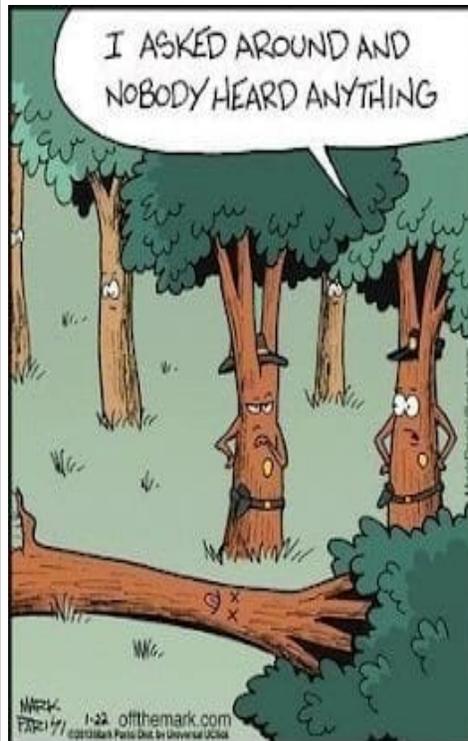
We performed at Can Am Friendship Day, the day after our last performance which demonstrates the dedication of our Desert Voices.

Now on to the next endeavor. We will be deciding in March what next season will have in store for you so be sure to check future Couriers. Better yet, why not become involved?!! We love having new members join our group.

When we have productions this large we have the ability to donate to the Building Fund, either as a general donation or for a specific need. You helped us do this. Hopefully next month I'll be able to share the amount of our donation.

The amount and different kinds of talent in this park is amazing and we see more each year. Stay tuned for what's in store for the future.

For more information about CR Choral and Drama Club please contact Sue Anderson, 406-698-6348.



Whoaaaaaa...where did the 2022-2023 season go? It's March and now the chatter will turn to "When are you leaving?" For the CR Golf club our activities will continue into April, when hopefully the weather will get better. These winds we have been having makes for very interesting talk at the tee box. "Should I change clubs, play into the wind?" Of course it's always a good excuse for a bad shot too!

March will include our season ending wrap up event on March 12th in the ballroom. If you are a season member your meal is included. Tickets are available during our regular Monday morning meeting at 8AM in the ballroom. Details will be provided at meetings.

Tee times will be available into April depending on availability of the course coordinators. It's still not too late to join our club for some spring golf at discounted prices. Or if you did not join us this season, think about checking the club out next season. The club consists of a lot of good people with many different level of golfers. You can pick from the 6 courses we offer tee times and make new friends!

Happy March,
Think par,
Valeri Shoemaker





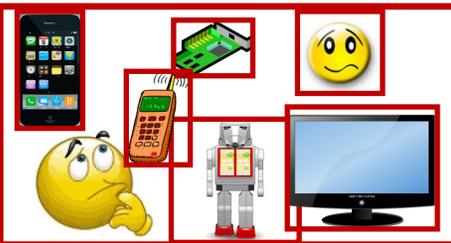
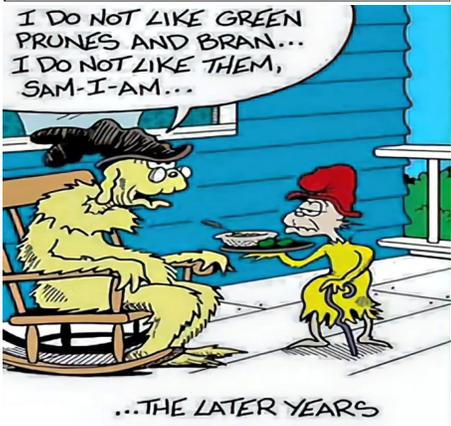
Every Wednesday Bunco Got Dice?



come play with me

Where: Aztec room
When: Every Wednesday 10-12 AM
How much: \$2 ante

Smidty Schripsema
(650) 619-6423 - smidty_111@msn.com - Lot 877



COMPUTER/PERSONAL ELECTRONIC DEVICES CLUB

Computer / Personal Electronic Devices Disappointed with your Personal Electronic Device? Are you able to teach others? Drop in to the Aztec Room Thursday's from 9- 11:30 am or 6-9 pm. The club will require a full executive going forward, but drop in to see if your issue can be solved by one of our members. Contact Anthony @ 928-975-9563. Lot #550



Desert Love

As I sit sipping my morning tea
Legs wrapped against the cold air
It's the birth of a new day
With promises of heat to come

My mind travels unconnected
Back to her
To my one true love
Again my heart beats faster

I see her now in my mind
Lips as red as cactus flowers
Temper as sharp as its thorns
Eyes as green as emerald waters

Like a flamingo dancer
A twisting turning devil
I fell in love as she twirled
She whisked my heart away

For years I felt her warm embrace
Her cool breath upon my brow
Her heat against my bare skin
Our shared sweat in the sand

Our nights together
Days spent in shared exploration
Finding beauty everywhere
Our love knew no bounds

Alas, I was forced to leave you
To abandon our love forever
Forgive me Yuma
My desert love.

Christopher Bice

Chris is one of our published members of our writing club. We meet every Thursday in the Mojave Room at 10 am til noon and would love to have you come join us. It is quite informal and lots of fun.

Myrna Mattson, Scribe Lot 679



FROM THE POOL ROOM

As we approach the end of the 2022-2023 season, we would like to thank all that participated in the many Billiard Clubs events this season. Together we accomplished quite a lot. The Senior Games were a huge success. Congratulations to the many Country Roads residents, for coming away with medals in their events. It was also a great way to showcase our first class billiard room. Once again, our Yuma's Best Tournament Fundraiser was also a great success, with everyone coming out WINNERS. We raised a lot of money for our charity, RIGHT TURN, which helps our veterans get re-established in our community. This makes it a win-win situation for all. I'd also like to give a big shout out to our members that helped put on the Billiard Club Showcase. Thank you, we have already seen a large increase of players in the Billiard room, because of your efforts. I want to thank all those that ran and participated in the weekly and monthly tournaments, you are all amazing people. Finally, I want to give a special thank you to Terry Mosher, for sharing his expertise and giving pool lessons to any and all that were willing to learn. His talent and knowledge are an incredible asset to all. We will be hosting our End of Season Dinner on March 13th at 3:00pm in the ballroom. Sign up sheets for the Dinner and Club Championship Tournament are in the Billiard Room. Please sign up by March 7th, indicating how many you have coming and which type of dish you will be bringing. John Bowman Billiard Club President



Whole Foods, Plant-Based Lifestyle Group

What is it? A group of smart folks who are on a journey towards improving their health in their Senior years. We focus on plant-based nutrition (not vegetarianism or veganism), appropriate exercise, good sleep, reduction of stress, positive relationships and purpose in life: all the pillars of health that have been proven to cut the risk of chronic diseases and increase energy and ability to enjoy everything that life offers here at Country Roads! This stuff works, as is shown by reputable science and common sense medical advice. Not a fad diet or the latest unhealthy craze, WFPB living is learning to work with our bodies and with nature in a balanced way, at each person's individual pace.

We meet twice a month, on the first Tuesday from 10 AM - 12 noon in the Mojave Room for an Informational meeting, and the third Thursday from 3:45- 5:00 PM for Goal Setting and Sharing time. Dates for March are: the 7th and the 16th. You are welcome to come as a visitor and see what it's all about. Cost for the Season is \$10 per household and all dues are put back into the club library of great reading and viewing.

We have completed two excellent online health challenges -- the 21-Day Microbiome Challenge offered by Dr. Will Bulsiewicz, and the Better Brain Health Challenge offered by Doctors Dean and Ayesha Sherzai. Both were very interesting and informative.

(continued...)

What are you waiting for? Our theme is "You: Only Better" -- better than you were last month or last year; the benefits in your health keep accruing! Progress is the goal, and is achievable at any age, so do yourself a favor and start now!

To your good health,
Jerry and JoAnn Opp
Lot 1147, phone 503-312-1226



Line Dancing

Line Dance Jamboree on March 2nd

I do hope you were able to make it to this very fun event! We are hosting these Line What are you waiting for? Our theme is "You: Only Better" -- better than you were last month or last year; the benefits in your health keep accruing! Progress is the goal, and is achievable at any age, so do yourself a favor and start now!

To your good health,
Jerry and JoAnn Opp
Lot 1147, phone 503-312-1226

Dance Jamborees twice a year now, December and March, as opportunities to bring together line dancers from all over Yuma for a great evening of line dancing in our beautiful ballroom, and all proceeds for both events go to the Building Fund here at CR. Dancing, cookies, prizes, fun with friends and a worthy cause all equal a not-to-miss event!

(Continued...)

Classes

Thursdays 2:15 - 3:15 PM in the ballroom -- Baby Steps Line Dancing Class, for true beginners or for those who would like a slightly slower pace with more repetition. This class is open to folks outside of CR (\$5 for outside park, tips only for CR residents). Easy exercise and great enjoyment!

Saturdays beginning at 9:30 AM in the ballroom -- Beginners at 9:30, Line Dance 1 at 10:15, and Line Dance 2 at 11 AM. This class is only open to CR residents, cost is tips only. Be sure to get on the email list -- dances, links and demos are sent every week.

Classes will end April 1st, and we all want to say a huge shout-out Thank You to our sound guy, Bill Greenhalgh. He has kept everything going smoothly for many years and is very much appreciated. Bill, you are the BEST!

Keep on dancing, one step at a time,
JoAnn Opp
Lot 1147, phone 503-312-1226





BUILDING FUND

The Building Fund had a busy month in February. Our Chicken Cordon Bleu dinner and comedy show was a great success. A big thank you to Diane Shelton who chaired the event and to all the volunteers who cooked and served the dinner. It was a team effort. And thank you to Rhonda Garrett who made the beautiful decorations. Mark your calendars for Building Fund events in March Saturday Morning Breakfast:

- March 4th - Biscuits and Gravy
- March 11 - Surprise
- March 18 - Omelet
- March 25 - French Toast

Thank you to Cindy Murfitt and Mackie Clifton and all the volunteers who have made the Saturday Morning breakfasts a huge success.

Spaghetti Dinner March 24th \$10
Tickets on sale in Activities Office

Thank you to Patti Wright for chairing this event. And to all the volunteers who work hard to make this one of our best attended events.

Wednesday Wings March 15th \$10
Tickets on sale in Activities Office. This is a new event that we will be trying this season. It will follow Brock and Sherry's Wednesday afternoon dance. We will be serving chicken wings with several dipping sauces, coleslaw and carrot sticks. Brock and Sherry will continue to entertain you during this event.

The Building Fund approved three requests for projects at our last general meeting.



We have had a fun and fulfilling season making new friends and treasuring the dear friends we have collected through the years. Our annual banquet will be in the Mojave Room on Friday, March 10th at 5 PM. We may even have entertainment. It's always the best party of the year because it's us, after all.
Myrna Mattson, President



March already! Thank you all for making the Spud Fest such a success. We all had fun presenting it for you. And we sure hope you were satisfied with our efforts. It was so nice seeing the interest in our jewelry items. We put a lot of love in each one.

If something could be better next year, please bring it to a member's attention. We want to be perfect! It might feel like the season is winding down, but Lapidary Club is still on a roll! Many beautiful creations going home with their creators.

Members be sure to stop by the shop and sign up for the end of season Spring Potluck. There will be door prizes -- You know how we love door prizes!

Plenty of time left to finish off those projects - or get your starter training class, and be ready to hit it hard next fall. Come on Down! Classes are available most open days -Tuesday, Wednesday, Thursday 9-12 AM. Call Ray Brant Lot 174 with questions (541) 409-2166



TAI CHI CHUAN, YANG STYLE

PLUS Qigong

Tai Chi Chuan is an internal Chinese Martial Art. It helps to improve strength, flexibility, and balance. Tai Chi improves cardiovascular fitness, lowers blood pressure, and helps those with arthritis. The deliberate movements help us to feel more relaxed, grounded and present in our bodies. Tai Chi lowers anxiety, depression and stress while improving memory, focus and sleep.

Qigong involves using exercises to optimize energy with the body, mind and spirit with the goal of improving and maintaining health and well-being

Your instructor is Madelyn Read, nationally certified Tai Chi Chaun, Yang style instructor. All you need to bring to class is curiosity and patience. Please join us in the Mojave Room on Mondays from 10:00 to 11:00. The class is free.



How slow can you show your momentum?

WHEN I WAS A KID, THERE WERE NO PHONES OR TABLETS. WE READ CEREAL BOXES AT BREAKFAST



MARCH ELECTION NEWS

**ANNUAL HOMEOWNERS MEETING MARCH 14th @ 10:00 AM IN THE BALLROOM
(IT WILL ALSO BE ON WEBINAR)**

Prior to the March 14th Annual Meeting being called to order, the voting polls will be open in the ballroom from 9:00-10:00 AM for in-person voting. You will be given a meeting-day ballot, which will be on a different color paper. (The white ballot in your ballot packet is an absentee ballot only and will not be accepted in the ballot box on March 14th.) Polls will close at 10:00 AM sharp. **The business meeting will convene at 10:00 AM.**

We encourage you to vote electronically on the City Property Homeowner Portal. Instructions for voting electronically are on the back of the cover letter in your packet. There is an instructional video for electronic voting on the Country Roads website under the tab “Homeowner Info”. It is easy to follow – make sure your speakers are on. When you vote electronically, that is your signature on the ballot. All paper ballots must have your name, signature and lot number to be valid and to be counted.

ALL absentee voting, whether electronically, mailed or placed in the ballot box in the Homeowners’ Office, will close at 3:00 PM on Monday, March 13th. Please take the time to vote, to ensure that you have a voice in the governance of our park.

Remember, if you are voting by paper ballot, your ballot must have your name, signature and lot number for the ballot to be valid and counted. This is Arizona Statute 33-1812. Only employees will be processing the ballots, no volunteers will be seeing your ballot.

The results of the election will be announced during the Annual Meeting on March 14th. Also, watch the blast, Facebook and bulletin boards in the Park for the results to be posted.

If you have any questions regarding voting or the election, contact Deloros Shemwell, Election Chairman Lot 432 Phone: 928-314-4920 EM: deloros1038@aol.com

